

Almonds Roasted Salted

Item Number: 600226, 791604

Ingredients: Almonds, peanut oil, salt.

Nutrition Facts	
Serving Size ¼ cup (30g)	
Servings Per Container varies	
Amount Per Serving	
Calories 188	Calories from Fat 95
% Daily Value*	
Total Fat 17g	26%
Saturated Fat 1g	5%
<i>Trans Fat 0g</i>	
Cholesterol 0mg	0%
Sodium 112mg	5%
Total Carbohydrate 4g	1%
Dietary Fiber 3g	12%
Sugars 1g	
Protein 7g	
Vitamin A 0%	• Vitamin C 0%
Calcium 9%	• Iron 6%
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</small>	