

Blueberry Jam

Item Number: 352107, 350107

Ingredients: Blueberries, sugar, fructose, water, pectin, citric acid.

Nutrition Facts	
Serving Size 1tbsp (20g)	
Servings Per Container varies	
Amount Per Serving	
Calories 50	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans Fat 0g</i>	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 13g	4%
Dietary Fiber 0g	0%
Sugars 11g	
Protein 0g	
Vitamin A 2%	• Vitamin C 2%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	