

# Pecans Raw Halves and Pieces

Item Number: 600202, 600203, 791601, 791602

Ingredients: Pecans.

<b>Nutrition Facts</b>	
Serving Size 1/3 cup (30g)	
Servings Per Container varies	
Amount Per Serving	
<b>Calories 210</b> <b>Calories from Fat 190</b>	
% Daily Value*	
<b>Total Fat 21g</b>	<b>32%</b>
Saturated Fat 2g	11%
<i>Trans</i> Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 0mg</b>	<b>0%</b>
<b>Total Carbohydrate 4g</b>	<b>1%</b>
Dietary Fiber 2g	8%
Sugars 2g	
<b>Protein 2g</b>	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs