

# Pitted Dates

Item Number:

Ingredients: Pitted dates.

<b>Nutrition Facts</b>	
Serving Size (40g)	
Servings Per Container varies	
<b>Amount Per Serving</b>	
<b>Calories 120</b>	<b>Calories from Fat 0</b>
% Daily Value*	
<b>Total Fat 0g</b>	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 0mg</b>	<b>0%</b>
<b>Total Carbohydrate 31g</b>	<b>10%</b>
Dietary Fiber 3g	<b>14%</b>
Sugars 29g	
<b>Protein 1g</b>	
Vitamin A 0%	● Vitamin C 0%
Calcium 2%	● Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs